

Traverse City Street Medicine: Meeting Patients Where They Are At

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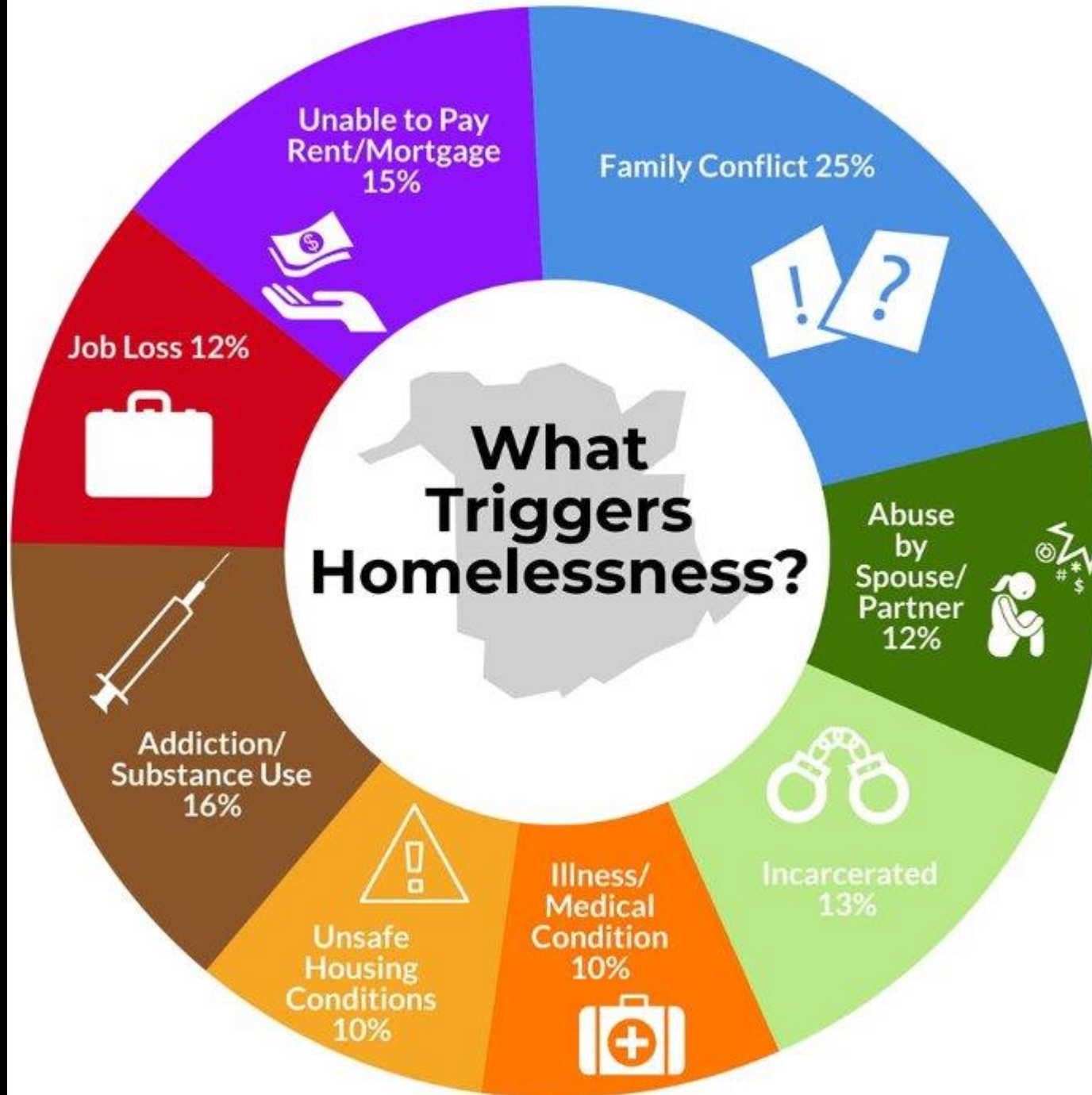
Munson Healthcare

Munson Family Medicine Residency Program

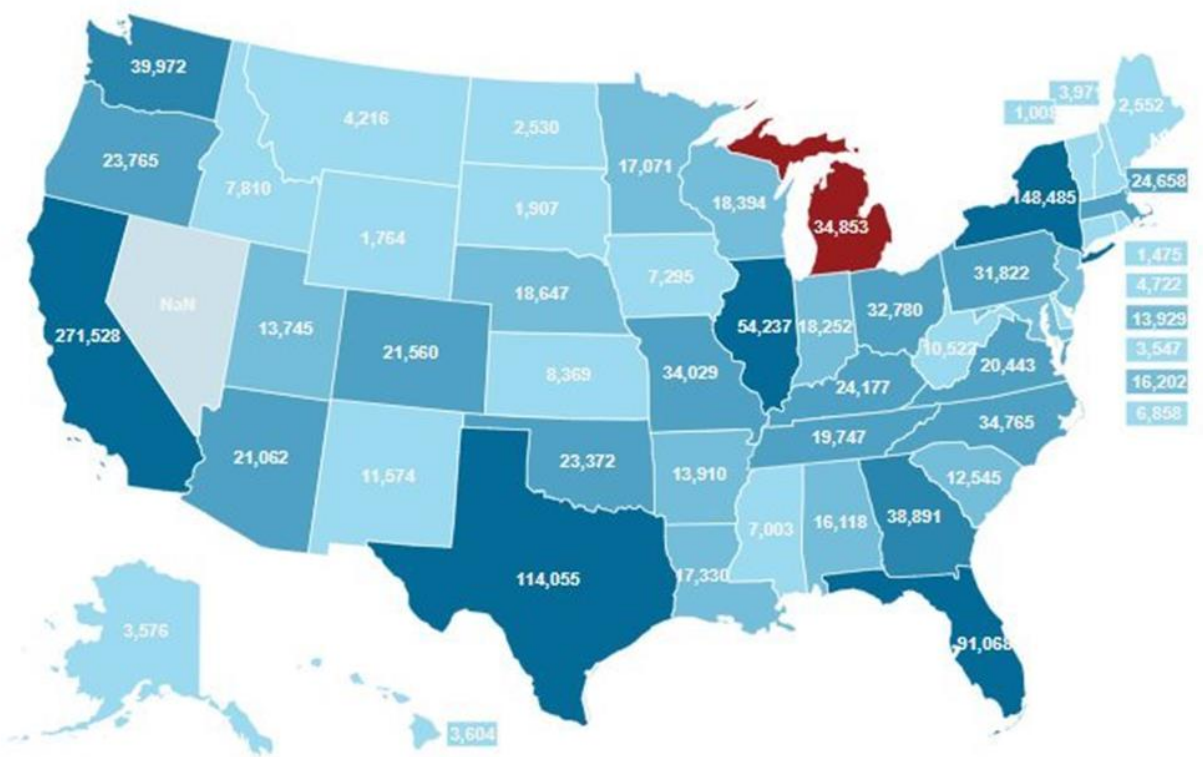
October 10, 2025



Having spent any of the past 30 nights in a mission, homeless shelter, transitional shelter, hotel paid for by a voucher, a church/chapel, all night theater, indoor public place, abandoned building, vehicle, the street or other outdoor public place.



Total People Experiencing Homelessness



Map Key

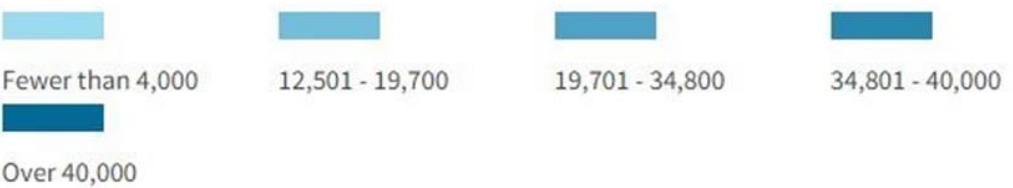
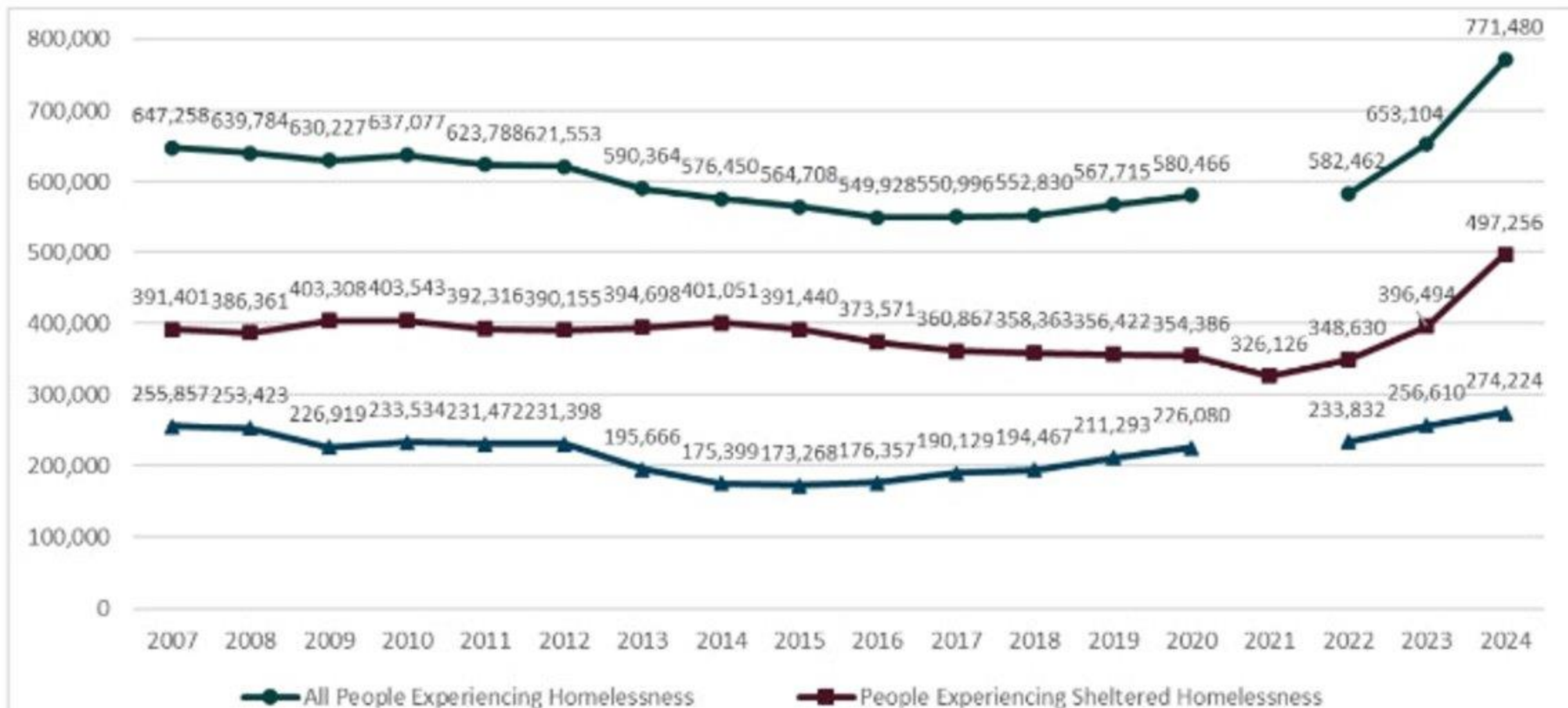


Exhibit 1-1: PIT Estimates of People Experiencing Homelessness by Sheltered Status, 2007-2024



NEWS

Homelessness jumped in 10 Michigan counties. What's being done about it?

Updated: Feb. 19, 2024, 1:13 p.m. | Published: Feb. 19, 2024, 8:42 a.m.

Our region saw homelessness increase by 56% from 2021 to 2022 going from 940 to 1,471 people.



Our 56% increase biggest jump in the state: 47% in the Upper Peninsula, 31% in the Detroit area, 21% in West Michigan



The bulk of the increase came from five rural counties: Wexford, Missaukee, Manistee, Charlevoix and Emmett accounting for roughly 270 people experiencing homelessness

Point-in-Time Count

- 11.6% residents below poverty line
- 37% of the population struggle to afford necessities
- 3 counties very high Social Vulnerability Index (CDC)
 - Crawford
 - Kalkaska
 - Wexford

0.7% vacancy rate for housing across Northern Michigan

Table 1: Point in Time Counts of Unhoused Individuals

Year	Point in Time Count
2022	164 individuals
2023	198 individuals
2024	202 individuals
2025	209 individuals

May 2024



INFLOW
Newly Identified

33



INFLOW
Returning

8



OUTFLOW
Housing Placement

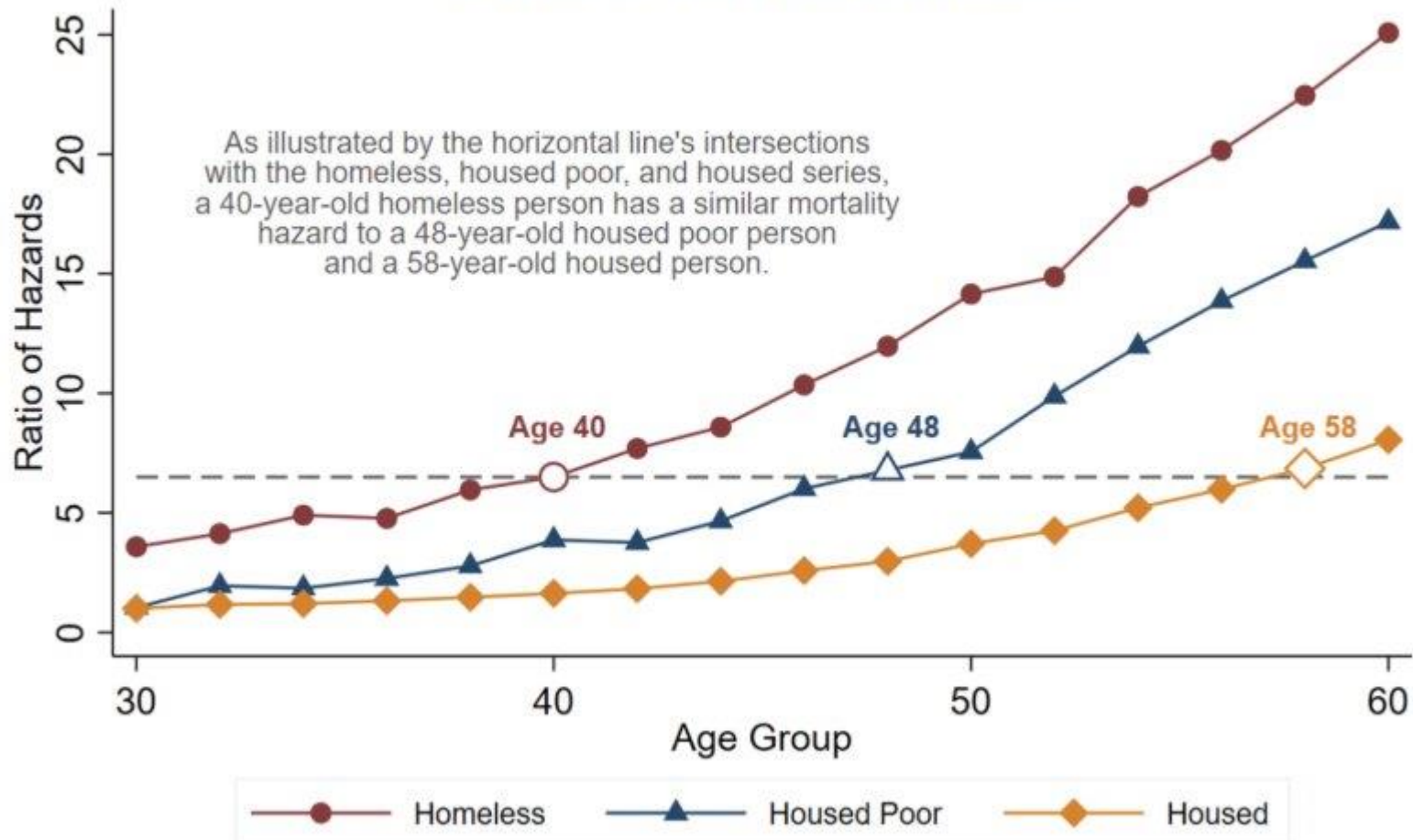
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OUTFLOW
Inactive

6

Mortality Hazard by Age Relative to Hazard of those 30 Years Old and Housed



Note: Figure displays the exponentiated coefficients on indicators for age by housing status (homeless, housed poor, housed) cells in a proportional mortality hazard model controlling for gender, where the omitted group is 30-year-old housed individuals.

Health Conditions Among the Homeless Population in Comparison to the General US Population



HOMELESS

HOUSED



← VERSUS →

18%

Diabetes

9%

50%

Hypertension

29%

35%

Heart Attack

17%

20%

HIV

1%

36%

Hepatitis C

1%

What can TC do to
address this?

TC Street Medicine





Meet people where they are at.

Why Munson Family Medicine Residency?

By our actions we will improve access to high-quality family medicine services for the citizens of northern Michigan.

We will be recognized as a program of excellence.



Sustainability. Vision. Passion.

Providers:

Medical Students. FM and Psychiatry Residents.

Faculty Physicians. Community Physicians. Nurse Practitioners. Physician Assistants.



TC Street Medicine

Multi-disciplinary Collaboration

Munson Family
Medicine
Residency

Traverse
Health Clinic

Good Will
Street
Outreach

Munson
Pharmacy
Residency

Pine Rest
Psychiatry
Residency

MSU Medical
Students

Community
Mental Health

Public Health
Department

Thomas-Judd
HIV Clinic

Traverse City
Police Dept
QRT

TRAVERSE CITY POLICE DEPARTMENT

Social Services Division



Quick Response Team

OVERDOSE PREVENTION & RESPONSE

PROVIDING WRAP-AROUND SERVICES FOR PEOPLE
EXPERIENCING CRISES RELATED TO SUBSTANCE
USE, MENTAL HEALTH & HOMELESSNESS

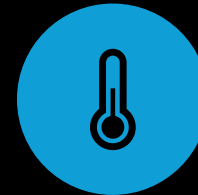
What are we doing?



Problem solving in
resource limited areas



Wound care



Hypothermia and
Frostbite Management



Overdose and Intoxication
Identification and
Management



Unconscious Bias practice



Uncontrolled Chronic
Diseases

MMU 2024 Statistics

Our Street Medicine
Team cared for 580
unique individuals
in 2024

88 People received
behavioral health
interventions
through MMU

ED Utilization

CDC estimates for every 100 unhoused people there are 300 ED visits per year compared to 40 per year for housed patients

During the first year of our MMU there was a 76% reduction in high ED utilization among frequent ED users

QRT 2024 Statistics : 99 enrolled thru 8/2024

Mean reduction police
interaction

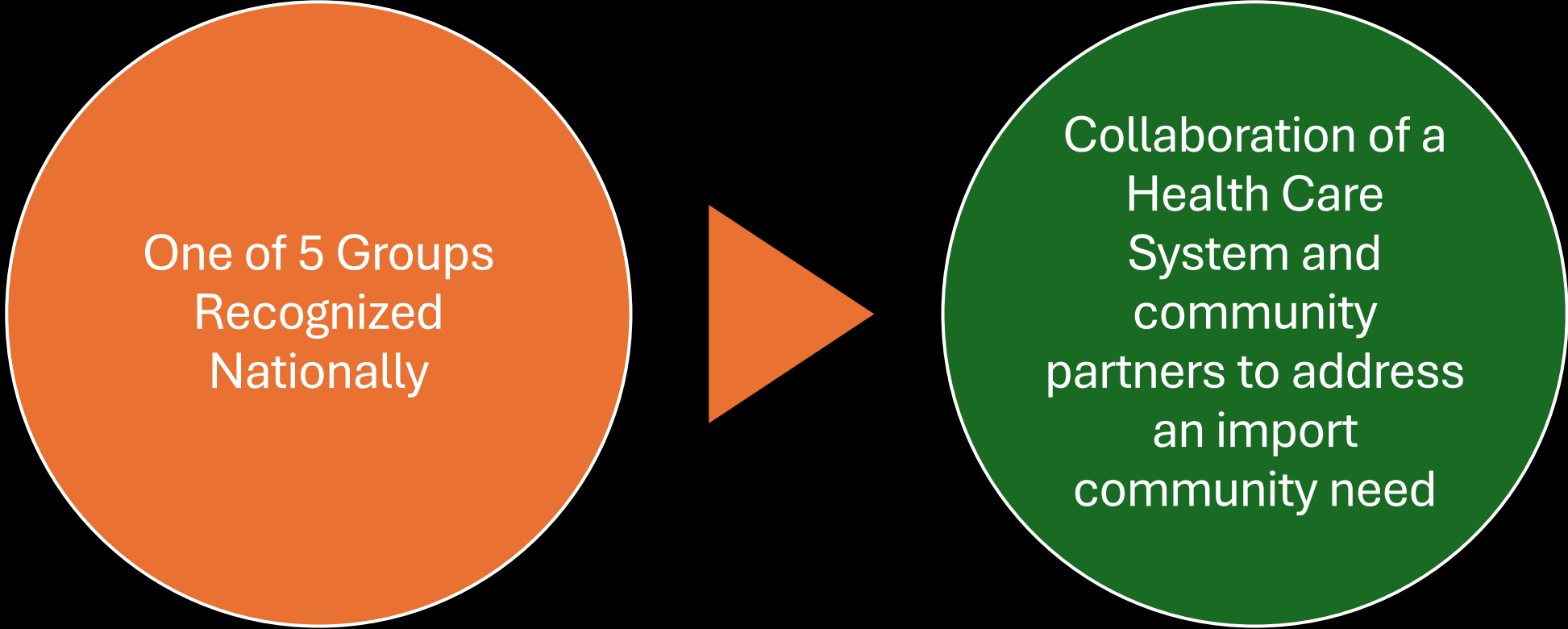
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($p < 0.03$)

Michigan: 8% increase
opioid OD June/July
2025

TC: only 2, 1 in QRT
population

AHA 2024 Nova Award



One of 5 Groups
Recognized
Nationally

Collaboration of a
Health Care
System and
community
partners to address
an import
community need



What makes this program successful?



MOTIVATIONAL
INTERVIEWING



DE-ESCALATION
CAPABILITIES



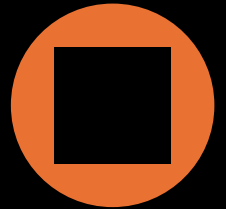
MULTI-DISCIPLINARY
TEAMWORK



INTEGRATING WITH
LAW ENFORCEMENT



IDENTIFYING
BARRIERS AND
PROBLEM SOLVING



TRAUMA INFORMED
CARE

Consistent
Theme:
Trauma and
loss of trust

Dignity

Respect

Listen

Be on time

Do what you say

Presence

Explain process

Choice

What Benefits Do We See?

Decreased
ER/UC Utilization

Decreased Police
Interactions

Decreased EMS
Calls

Decreased
Hospital
Readmissions

Improved
Community
Relationships

Medical Provider
Development

TC Street Medicine update: Expansion





Our Current Outreach

Cadillac
Salvation Army
New Hope Shelter
Wexford Public Library

Traverse City
Goodwill Inn
Jubilee House
Safe Harbor Shelter

Traverse City
Central Methodist Church
East Bay Flats
Hull Park

Rapid City
Clearwater Township Fire
Department

Benzonia
Benzie Area Christian
Neighbors

MMC Inpatient Care and
Coordination



Funding Partners

- Munson Health Care
- Traverse Health Clinic (FQHC)
- Health Resources Services Administration (HRSA) grant for primary care training and enhancement (5years)
- MSU College of Human Medicine and Osteopathic Medicine
- Local donations
- Community Partners

Back to the Future...

Collaboration with statewide street outreach programs: Detroit Street Medicine Symposium

Further development in new outreach locations: Respite House?

Support for local teams: Targeted education

Evolving partnerships



Questions?

Now it's your turn.... It's time!

- Status of homelessness in your town?
- Challenges?
- Barriers?
- Strengths?
- Partners in change?
- Resources?

Challenge:
Take it to your
streets!

It starts with you.

Ask questions: what is the real need?

Look for partners.

Face your fears. It's humbling.

Get creative.

Adapt. Change. Improve.

Always: Respect.

Need help?



Go to the People