



### Breakout Sessions: County-Level SDOH Metrics with MVC Data



Support for MVC is provided by Blue Cross Blue Shield of Michigan and Blue Care Network as part of the BCBSM Value Partnerships program. Although Blue Cross Blue Shield of Michigan and MVC work collaboratively, the opinions, beliefs and viewpoints expressed by the author do not necessarily reflect the opinions, beliefs and viewpoints of BCBSM or any of its employees.

#### Agenda —

- Welcome
- County-Level SDOH Metrics & MVC Data
- MVC Unblinded Data
- Group Discussion

# Framing the Discussion

### Health starts in our homes, schools, and communities.

| Live | Learn | Work | Play |
|------|-------|------|------|
|      |       |      |      |

#### Goals for our discussion include:

- Engage in collaborative learning about how sites across the MVC network are helping to support patients
- Explore how MVC could potentially support hospital & PO members in these efforts

### **BREAKOUT GROUP 1**

#### Who is in the room?

| Organization                        | Attendees  |  |  |
|-------------------------------------|--|--|--|
| Ascension St Joseph                 | Emma Lossing   |  |  |
| Ascension St Mary's<br>Hospital     | Lynnette<br>Schneidewind, Niki<br>Savage             |  |  |
| BCBSM                               | Marc Cohen   |  |  |
| Covenant HealthCare<br>Partners     | Gayle Biederman,<br>Ronald Gonzales,<br>Kelly Stehle |  |  |
| Great Lakes OSC                     | Justine Laplant                                      |  |  |
| НВОМ                                | Noa Kim  |  |  |
| McLaren Central Michigan            | Shannon Sharrar                                      |  |  |
| Michigan Center for Rural<br>Health | Laura Mispelon                                       |  |  |
| MSHIELD                             | Matthias Kirch                                       |  |  |

| Organization               | Attendees  |  |  |
|----------------------------|--|--|--|
| Munson Healthcare          | Beverly Bey-Jones,<br>Alex Callaway              |  |  |
| MyMichigan Health          | Meghan Gagne,<br>Mary Greeley,<br>Stephanie Pins |  |  |
| Primary Care Partners      | Jeffery Vangelderen                              |  |  |
| Scheurer Health            | Julia Harbuck-Valley                             |  |  |
| Sparrow Carson Hospital    | Stacey Snyder                                    |  |  |
| Sparrow Health System      | Jennifer Anderson                                |  |  |
| The Farm at Trinity Health | Amanda Sweetman                                  |  |  |
| University of Michigan     | Nora Becker                                      |  |  |
| UPHS-Marquette             | Lisa Long  |  |  |

### American Community Survey

**Social Determinants** of Health Database

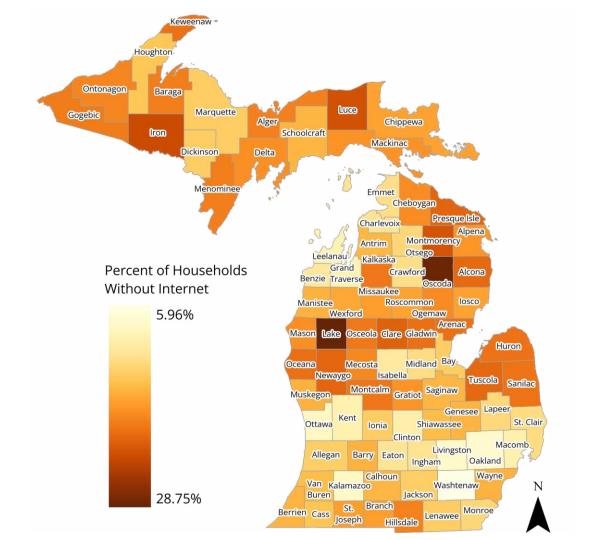
| Metric   | Group<br>1 | Group<br>2 | Group<br>3 | All<br>Counties |
|--|------------|------------|------------|-----------------|
| Average percent of households without internet at home                                 | 17.6%      | 13.2%      | 12.4%      | 15.9%           |
| Average percent of households without a computing device                               | 12.6%      | 9.3%       | 8.8%       | 11.4%           |
| Average percent of housing units without a vehicle available                           | 6.5%       | 5.9%       | 6.5%       | 6.4%            |
| Average percent of<br>households with public<br>assisted income or food<br>stamps/SNAP | 13.3%      | 11.3%      | 12.4%      | 12.8%           |

Social Determinants of Health data were obtained from the American Community Survey, 2020 5-year estimates. Social Determinants of Health Database. Content last reviewed June 2023. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/sdoh/data-analytics/sdoh-data.html

### Home Internet Access

ACS estimates the county percent of households without internet range from 5.96% - 28.75%.

Home internet access is not universal and may impact patient access to remote care and scheduling services.

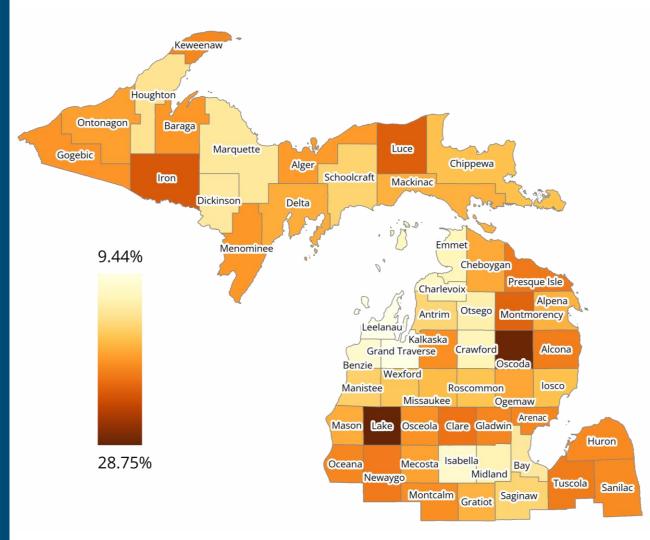


#### Percent of Households Without Internet Access

**All Counties Average: 15.9%** 

**Group 1 Average: 17.6%** 

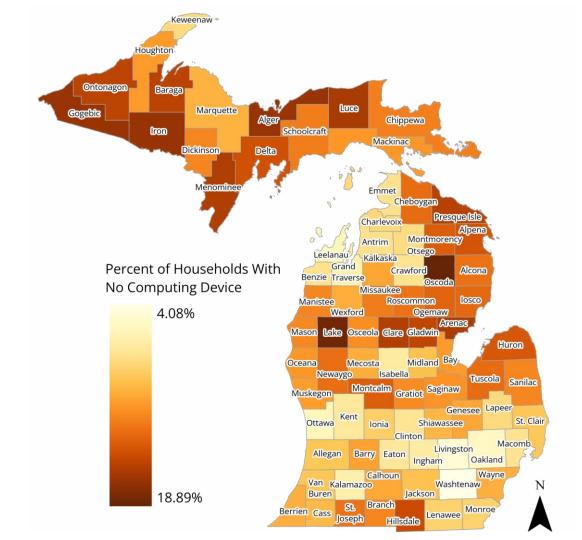
Group 1 Range: 9.44%-28.75%



## Computing Devices

ACS estimates the county percent of households with no computing device range from 4.08% - 18.89%.

Lack of a home computing device may present a barrier to remote care, follow-up, and/or scheduling.

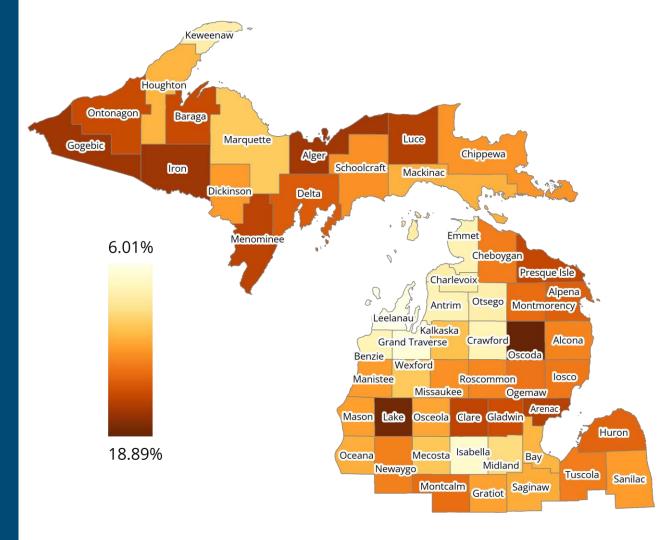


Percent of
Households With No
Computing Device

**All Counties Average: 11.4%** 

**Group 1 Average: 12.6%** 

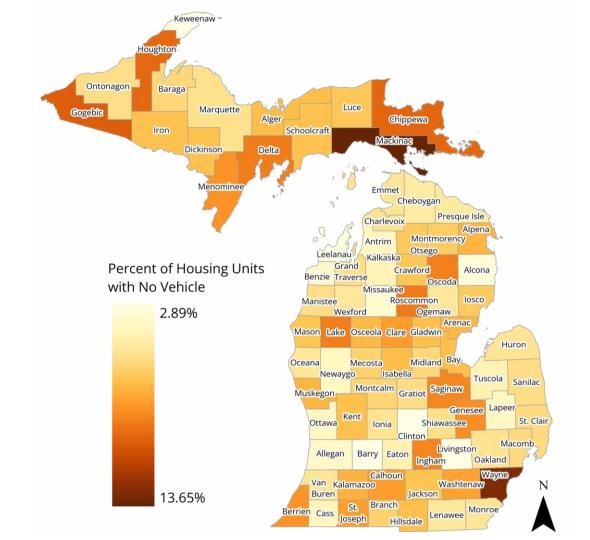
Group 1 Range: 6.01%-18.89%



#### Vehicle Access

ACS estimates the county percent of housing units with no vehicle range from 2.89% - 13.65%.

Access to a reliable vehicle may impact the feasibility or convenience of using preventative and/or follow-up care.

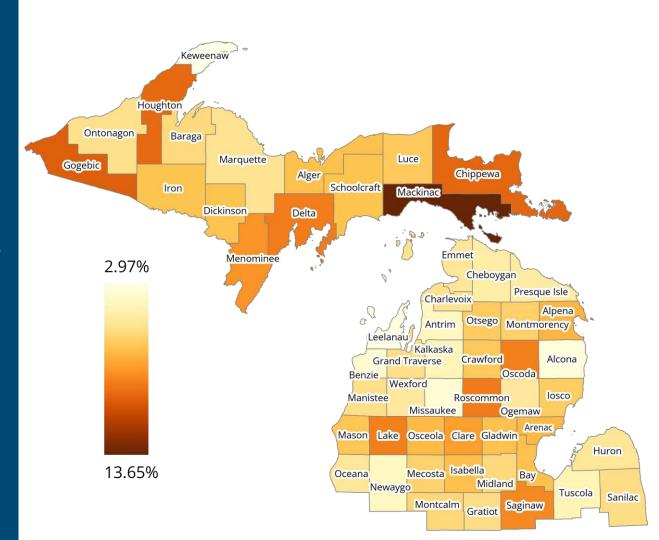


### Percent of Housing Units With No Vehicle

All Counties Average: 6.4%

**Group 1 Average: 6.5%** 

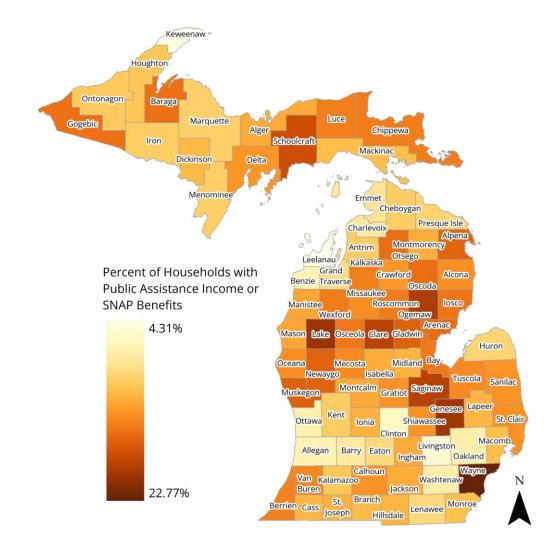
Group 1 Range: 2.97%-13.65%



#### Public Assistance

ACS estimates the county percent of households with public assistance/SNAP benefits range from 4.31% - 22.77%.

Public assistance income and SNAP benefits serve as proxies for financial security.

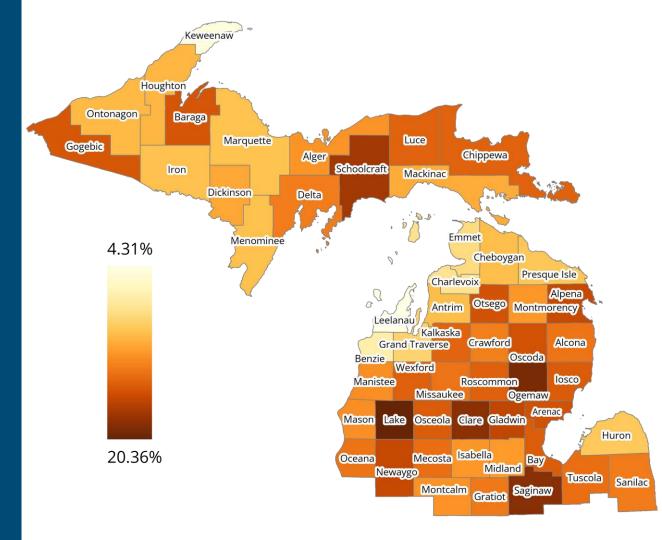


Percent of
Households
Receiving Public
Assistance Income or
SNAP Benefits

All Counties Average: 12.8%

**Group 1 Average: 13.3%** 

Group 1 Range: 4.31%-20.36%





# Metric Definition

### **30-Day Readmission Rate**

- 30-day readmission rate is defined as having at least one inpatient claim within 30 days after the index discharge
- Inpatient claims are identified through the presence of DRGs on claims submitted after the index discharge

### Analytic Cohort

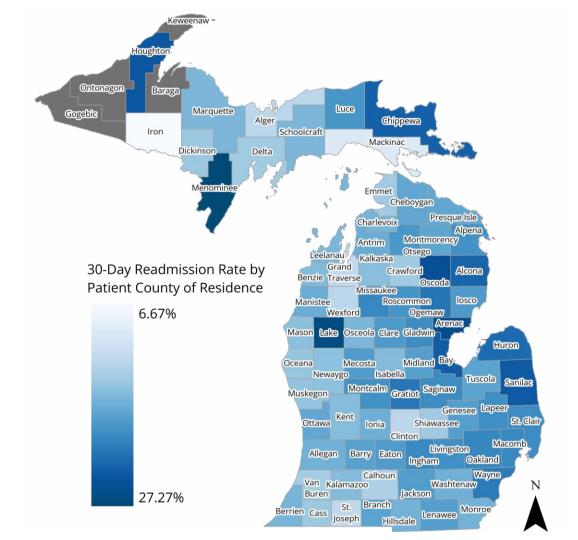
#### Denominator for unblinded data session

- Patient episodes represented:
  - 30-day episodes among patients hospitalized for congestive heart failure (CHF)
  - Index events 7/1/2019-6/30/22
- Payers Represented in Hospital Data:
  - BCN: HMO and Medicare Advantage (MA)
  - BCBSM: PPO Commercial and MA
  - Medicare
- Payers Represented in PO Data:
  - BCBSM: PPO Commercial and MA
  - Medicare
- Exclusions:
  - Episodes with COVID-19 in primary position of any claim
  - Hospitals with <11 episodes in timeframe</li>
  - Counties with <11 episodes in timeframe</li>

# Readmission After Index CHF Hospitalization

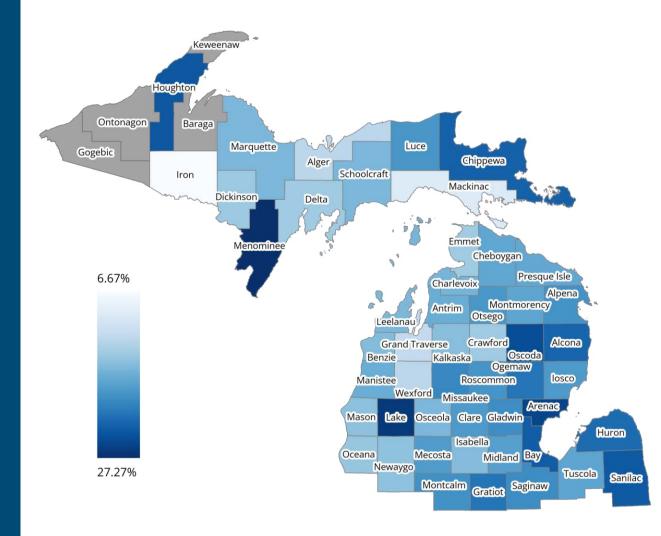
### Statewide Benchmarking

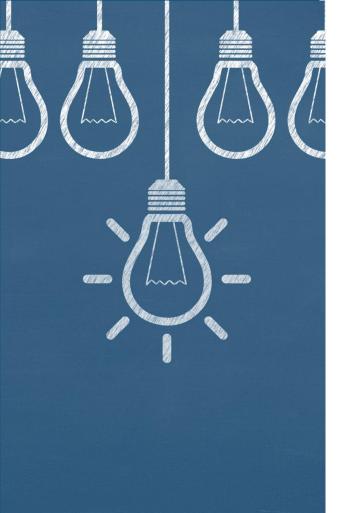
Counties in the UP and Northern Michigan generally have wide variation in readmission rates among residents





30-Day Readmission Rate Among CHF Patients with Index Events between 7/1/2019-6/30/22





#### **Discussion**

- What do you need to know about your patients to better support health equity efforts at your site?
- What projects are you working on, or what areas would you like to be working on, in the health equity space?
- What challenges or barriers are you facing in ensuring your patients are able to achieve their highest level of health?