

MARCH 2023



# MVC NEWSLETTER

## JOIN MVC FOR ITS SPRING COLLABORATIVE-WIDE MEETING & 10-YEAR ANNIVERSARY KICKOFF



**REGISTER NOW**

Join the MVC Coordinating Center for its spring collaborative-wide meeting focused on interdisciplinary collaboration, care transitions, alternative sites of care, and success stories from MVC's 10 years of partnership with healthcare providers. The meeting will feature unblinded data, presentations on quality improvement strategies, a poster session, networking opportunities, and breakout sessions focused on MVC's new value metric selections for PYs 2024-2025 of the MVC Component of the BCBSM Pay-for-Performance (P4P) Program, including cardiac rehabilitation, preoperative testing, sepsis readmissions, and post-discharge follow-up care.

Presentations will highlight unblinded ED-based episode data for CHF patients, inter-organizational partnerships, care team collaboration to improve patient outcomes, and supporting care transitions. Attendees will learn to more effectively and efficiently utilize MVC's claims data to inform patient-centered quality improvement opportunities at their respective healthcare organizations. After this meeting, the following patient outcomes are expected to be improved: care transitions and post-discharge support, readmissions, patient experience, treatment adherence, and patient education.

*The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The U-M Medical School designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

### MEETING THEME:

**Connecting the Dots**  
Celebrating 10 years of insights  
on value-based healthcare

Speakers:



**Kristen Hassett, MPH**  
MVC Senior Analyst

**Hari Nathan, MD, PhD**  
MVC Director; Division Chief of  
Hepato-Pancreato-Biliary  
Surgery, Michigan Medicine



**Michael Sjoding, MD, MSc**  
INHALE Co-Director;  
Associate Professor of  
Internal Medicine, U-M



**Mike Thompson, PhD, MPH**  
MVC Co-Director;  
MiCR Co-Director; Assistant  
Professor, Michigan Medicine



**Caitlin Valley, MHA**  
Senior Population Health  
Project Manager, Trinity  
Health IHA Medical Group



# Qualified Entity Report Published

In 2021, the Regents of the University of Michigan were awarded a data use agreement with CMS as a qualified entity (QE). As a QE, MVC is required to disseminate a public report on provider performance annually, incorporating QE Medicare and other payer data.

The 2022 Public Report was published January 2023. It provides measures of 30-day unplanned rehospitalization from post-discharge home health for high-volume medical and surgical conditions, as well as measures of post-discharge outpatient follow-up for congestive heart failure (CHF) and chronic

obstructive pulmonary disease (COPD). As part of report development, MVC incorporated stakeholder feedback on the measure definitions, as appropriate.

The report included findings that the overall risk-adjusted rate of unplanned rehospitalization during the first 30 days of home health from 2019-2020 was 11.2%. Risk-adjusted rates ranged from 0.0% to 15.2% among MVC member hospitals. By home health provider, rehospitalization rates ranged from 0.0% to 17.2%. A complete copy of the report is available on the Resources page of the MVC website.

## MVC & MHA Keystone Center Partner on Statewide Birth Outcomes Report

The birth of a child is a life-changing experience and a significant clinical event that continues to receive national attention for worsening trends in maternal morbidity and mortality among historically marginalized groups. In fact, the CDC reports that four in five pregnancy-related deaths were preventable with considerable evidence that negative outcomes are more likely for patients of color.

These findings are evidence of the need for quality improvement initiatives that ensure all people who are pregnant or postpartum receive the care they need. In light of this, MVC collaborated with the Michigan Health and Hospital Association (MHA) Keystone Center on the development of a statewide report on birth outcomes.

MVC's new statewide childbirth episodes report provides information on total episode payments, mode of delivery, patient characteristics, and rates of certain birth-related

complications using 90-day episodes of care for vaginal and cesarean delivery. Measures in this report were based exclusively on Blue Cross Blue Shield of Michigan (BCBSM) PPO Commercial episodes for childbirth index admissions that occurred at MVC-participating hospitals between 1/1/19 and 12/31/21. Similar to other MVC reports, several metrics were displayed by the index hospital's geographic region of Michigan as categorized by MVC, while others were stratified by race or mode of delivery.

Overall, 7.5% of patients had a diagnosis of hemorrhage, 4.2% had a diagnosis of hypertension, and 1.8% had a diagnosis of severe maternal morbidity (SMM) during their index birth hospitalization. A notable finding was the difference in rates of these complications by race.

Read the complete report on the MVC website here:

<https://bit.ly/3nc7lkv>.



## NEW MVC STAFF

As MVC continues to grow, so too does the Coordinating Center team to meet the growing analytic and engagement needs of its members and partners. Meet the newest additions to the Coordinating Center:



**Mark Bradshaw, MSc**  
Managing Director



**Julia Mantey, MPH, MUP**  
Senior Analyst

## OTHER RECENT NEWS & UPDATES

- MVC Celebrates New Workgroup Topic and P4P Value Metric During February's Cardiac Rehabilitation Week Campaign
- MVC, MBSC Estimate Significant Diabetes Medication Savings Following Bariatric Surgery
- Follow-Up After CHF, Cardiac Rehab Top New Value Metric Selections for PYs 24-25 of MVC Component of BCBSM P4P Program
- MVC Publishes Annual Report Celebrating 2022 Achievements and Activities