

DECEMBER 2022



MVC NEWSLETTER



MVC Fall Semi-Annual Meeting Featured Pharmacy Data and Prescribing Practices in MI

MVC held its second semi-annual meeting of 2022 in Oct., marking MVC's first in-person collaborative-wide meeting since 2019. This meeting's theme of "Prescribing Health in Michigan" showcased strategies to drive evidence-based medication utilization through the implementation and evaluation of quality improvement projects.

MVC Director Hari Nathan, MD, kicked off the meeting with an update from the MVC Coordinating Center on its recent accomplishment. MVC also provided an overview of its current pharmacy claims data along with an unblinded data session focused on opioid overprescribing after joint surgery. Leveraging opioid prescribing recommendations from the Michigan Arthroplasty Registry Collaborative Quality Initiative (MARCQI), the session allowed hospitals and POs to see their opioid prescribing rates in the 30 days following hip and knee replacements compared to their peers.

MVC also hosted some fantastic speakers. Keynote speaker Lindsey Kelley, Associate Chief of Pharmacy at Michigan Medicine, provided attendees with an overview of the challenges patients face accessing high-cost, complex medications. Troy Shirley, System Director of Pharmacy for **Bronson Healthcare**, presented Bronson's efforts to improve health equity through pharmacy-supported discharge initiatives. Tiffany Jenkins, Director of Population Health Pharmacy at Trinity Health Alliance of Michigan, shared insights about population health pharmacy initiatives within a PO. Mark Bicket, Co-Director of the Opioid Prescribing Engagement Network (OPEN), presented information on shifts to prescribing recommendations after surgery to decrease opioid use, techniques to promote adherence to non-opioid medications and non-pharmacological approaches to pain management, and strategies to maximize safe storage and disposal of controlled substances. For more details about the topics covered, check out the summary blog by MVC's newlypromoted Program Manager Erin Conklin.

THANK YOU TO OUR MEMBERS

The MVC Coordinating Center is grateful for your partnership throughout 2022. Your dedication to quality improvement is inspiring, and the MVC team looks forward to accomplishing more together in 2023.

NEW MEMBER

New hospital member **Bronson Lakeview Paw Paw** was added to MVC's membership, bringing the current hospital total to 103.

BRONSON

NEW MVC STAFF

Meet MVC's new Site Engagement Coordinator, Kristy Degener.



Kristy Degener, MPH

MVC P4P Selection Reports Sent to Hospitals for PYs 24-25

In 2022, the BCBSM Pay-for-Performance (P4P) Quarterly Workgroup approved changes to how hospitals are evaluated in future program cycles for the MVC Component of the BCBSM P4P Program. The upcoming two-year cycle including Program Years (PYs) 2024 and 2025 will be the first impacted by these changes, with performance years in 2023 and 2024, respectively. Hospitals received selection reports for the next cycle in November to aid in their decision-making on metrics within the new program structure.

What is staying the same?

The program will continue to be scored out of 10 points maximum, and hospitals will continue to be evaluated on their risk-adjusted, price-standardized total episode payment, though this will make up a smaller component of the overall program. In addition, most conditions hospitals could select previously for episode payment scoring will still be available for that component of the program.

Those include chronic obstructive pulmonary disease (COPD), colectomy (non-cancer), congestive heart failure (CHF), coronary artery bypass grafting (CABG), joint replacement, and pneumonia. Additionally, a hospital's metric selections will continue to be scored on improvement compared to the hospital's own past performance and scored on achievement related to an MVC cohort. Each hospital will continue to be awarded the greater of the two scores, either improvement or achievement, which are calculated using Z-scores. Cohort designation is still based on bed size, critical access status, and case mix index.

What is changing?

The PY 2022-2023 program was scored out of 10 points, but 12 points could be earned. In PYs 2024-2025, the overall program structure will change so that the maximum score will be 10 points, made up of a maximum of four

points from an episode spending metric, a maximum of four points from a value metric (a new component), and a maximum of two points from engagement activities completed in the program year. No bonus points will be available for PYs 2024-2025.

The P4P selection reports distributed in November included tables for the various episode spending and value metrics that identify projected case counts, the hospital's average payment or rate of utilization, the cohort and MVC All average payments or rates, and the projected changes necessary for the hospital to earn 1 – 4 points. Participating hospitals were asked to submit their metric selections to the MVC Coordinating Center by Dec. 23. These changes will not be retroactively applied to PYs 2022-2023.

A complete summary of changes to PYs 2024 and 2025 is available here. For complete details about PYs 2024-2025, please refer to the P4P Technical Document. Contact the MVC Coordinating Center with any questions.

MVC Partners with Fellow CQIs on ROI Exercises, Data Matching, and More

In the last six months, the MVC team undertook 25 projects in partnership with its fellow Collaborative Quality Initiatives (CQIs). These activities focused on, among other things, condition and report development, data matching exercises, and returnon-investment (ROI) analyses.

The MVC team also featured the work of other CQIs throughout 2022 on its weekly blog, such as MSHIELD, HBOM, MIBAC, and MI Mind. As MVC continues to build its offerings for members, the Coordinating Center is mindful that many other CQIs partner with hospitals and providers throughout Michigan. These CQI feature blogs showcase some of the other valuable work being done within the CQI family.

Recent CQI ROI Exercises Completed by MVC:

- BMC2: Measuring the Impact of Cardiac Rehabilitation after Percutaneous Coronary Intervention (PCI)
- MBSC: Michigan Bariatric Surgery Collaborative Helps Save \$12.5 Million in Opioid Prescription Spending
- MBSC: Assessing the Impact of Bariatric Surgery on Diabetes Medication Prescription Fills in Michigan
- MSQC: MSQC Helps
 Hospitals Save \$3 Million in
 Colectomy Post-Discharge
 Spending

IN BRIEF

In-Person Smiles & Team Building

MVC returned to in-person activities over the summer, and thoroughly enjoyed interacting with its members at the Fall Semi-Annual Meeting in Lansing. Being able to connect in person was hugely beneficial, and the MVC team is excited to continue to find a balance between in-person and remote activities in 2023. The MVC team also enjoyed in-person team building recently when its staff volunteered at a local farm in Nov. and completed an "escape room" activity in Dec. The MVC team was proud to have successfully completed the Escape Room activity in "the top 1.8% of teams," according to staff on-site.